

wartości odżywcze																	
Product	w 100 g lub w 100 ml								w porcji								
	KJ	kcal	tłuszcz (g)	kwasy tłuszczowe nasycone (g)	węglowodany (g)	cukry (g)	białko (g)	sól (g)	wielkość porcji (g) lub (ml)	KJ	kcal	tłuszcz (g)	kwasy tłuszczowe nasycone (g)	węglowodany (g)	cukry (g)	białko (g)	sól (g)
PRODUKTY SEZONOWE																	
Crunchy Nacho Beef	1103	264	16.4	5.3	18.1	5.1	11.3	1.5	290 g	3198	765	47.5	15.3	52.5	14.8	32.7	4.3
Crunchy Nacho Grand Chicken	1143	273	14.8	2.0	25.6	4.9	9.3	1.4	307 g	3506	836	45.5	6.0	78.5	14.9	28.5	4.4
Crunchy Nacho Halloumi	1327	317	21.0	8.6	18.4	5.3	13.9	2.0	292 g	3874	924	61.3	25.0	53.7	15.5	40.6	5.7
Crunchy Nacho Crispy Supreme	1223	291	17.3	2.6	25.2	5.7	8.9	1.6	266 g	3251	774	46.1	6.9	67.1	15.1	23.7	4.2
Crunchy Nacho Plant Beef	1202	286	17.1	8.5	20.1	4.9	13.4	1.4	352 g	4227	1008	60.0	29.8	70.8	17.3	47.1	4.9
Burger Rywala Beef 'n' Bacon	1132	271	16.4	6.2	18.3	4.4	12.6	1.4	359 g	4070	975	58.8	22.3	65.7	15.8	45.5	5.2
Burger Rywala Plant Beef	1204	288	17.0	8.7	20.0	4.4	13.7	1.3	413 g	4975	1191	70.1	35.9	82.5	18.2	56.7	5.5
Burger Rywala Crispy Chicken	1082	258	13.0	2.7	24.1	5.0	11.2	1.5	324 g	3508	838	42.0	8.8	78.0	16.3	36.4	4.8
WOŁOWINA / BEEF																	
Frisco	1039	249	15.4	5.4	16.5	3.6	11.2	1.4	238 g	2474	593	36.6	12.9	39.2	8.7	26.6	3.3
Original	1014	243	14.8	5.1	17.9	4.3	9.6	1.2	230 g	2331	559	33.9	11.7	41.1	9.9	22.0	2.9
Hamburger	1143	274	14.6	4.2	25.5	5.6	9.7	1.2	102 g	1166	279	14.9	4.3	26.0	5.8	9.9	1.2
Cheeseburger	1169	280	15.9	5.6	23.1	5.4	10.7	1.5	114 g	1336	320	18.2	6.4	26.4	6.2	12.2	1.7
Double Cheeseburger	1161	279	17.7	7.5	16.4	4.1	12.8	1.7	165 g	1912	459	29.2	12.3	27.1	6.8	21.1	2.7
Cheese and Bacon	1047	251	16.0	5.6	14.8	3.6	12.3	1.3	279 g	2921	701	44.7	15.7	41.3	10.2	34.3	3.5
Salad Wrap Beef	732	177	14.3	5.3	2.5	1.2	10.3	0.9	276 g	2021	488	39.6	14.6	6.9	3.3	28.5	2.5
68' Classic	992	238	13.4	6.2	16.2	4.7	12.9	1.7	275 g	2728	653	36.9	17.1	44.6	12.8	35.5	4.6
68' Classic Jr	1027	245	11.3	4.9	24.6	5.5	10.6	1.5	122 g	1256	300	13.8	6.0	30.1	6.8	12.9	1.9
Double Frisco	1064	255	17.1	7.1	12.1	2.9	13.0	1.6	333 g	3544	851	57.0	23.6	40.2	9.7	43.4	5.2
Double Original	1047	251	16.7	6.9	13.0	3.4	12.0	1.5	325 g	3401	817	54.3	22.5	42.1	10.9	38.9	4.8
DeliVery Cheezy Beef	1080	259	16.7	7.1	14.2	4.3	12.3	1.7	316 g	3414	819	52.9	22.5	45.0	13.7	39.0	5.2
KURCZAK / CHICKEN																	
Grand Chicken Buffalo	1092	261	15.0	1.0	23.1	3.3	8.5	1.4	289 g	3150	754	43.2	3.0	66.6	9.6	24.4	4.1
Grand Chicken Sandwich	1164	279	15.3	1.0	25.6	3.5	9.5	1.3	254 g	2952	707	38.8	2.6	65.0	8.9	24.0	3.2
Grand Chicken Parmesan	1148	274	16.2	2.6	22.1	3.0	10.4	1.1	298 g	3422	816	48.2	7.9	65.7	8.9	30.8	3.4
Buffalo Hot Wings 5 szt + 2 sosy (Buffalo Hot & Blue Cheese)	1218	290	22.7	3.6	7.2	1.3	14.7	2.1	299 g	3634	864	67.8	10.8	21.5	3.7	44.0	6.2
Buffalo Hot Wings 10 szt + 2 sosy (Buffalo Hot & Blue Cheese)	1181	282	20.5	3.4	7.6	0.9	17.1	1.8	507 g	5986	1427	104.1	17.5	38.4	4.8	86.5	9.3
Buffalo Hot Wings 20 szt + 4 sosy (Buffalo Hot & Blue Cheese)	1181	282	20.5	3.4	7.6	0.9	17.1	1.8	1014 g	11973	2855	208.1	35.0	76.8	9.6	173.0	18.6
Crispy Chicken and Bacon	1075	257	14.5	3.5	20.7	4.2	11.0	1.7	272 g	2926	699	39.5	9.5	56.3	11.4	29.8	4.6
DeliVery Cheezy Grand Chicken	1121	268	14.6	2.9	23.6	4.5	10.4	1.5	302 g	3385	810	44.2	8.7	71.2	13.7	31.3	4.4
Grilled Chicken	715	170	6.7	0.7	17.1	3.7	10.5	0.9	250 g	1787	426	16.7	1.7	42.8	9.3	26.3	2.3
Salad Wrap Grilled Chicken	401	96	5.5	0.6	3.3	1.0	9.0	0.6	255 g	1021	245	14.1	1.5	8.4	2.5	22.9	1.5
Chicken Junior	1152	276	13.0	1.2	30.2	5.0	9.8	1.3	122 g	1405	336	15.9	1.4	36.9	6.0	11.9	1.6
Chicken Nuggets 4 sztuk	985	236	11.9	1	18.3	0.8	13.8	1.1	80 g	788	189	9.5	0.8	14.6	0.6	11.0	0.9
Chicken Nuggets 6 sztuk	985	236	11.9	1	18.3	0.8	13.8	1.1	120 g	1182	283	14.3	1.2	22.0	1.0	16.6	1.3
Chicken Nuggets 9 sztuk	985	236	11.9	1	18.3	0.8	13.8	1.1	180 g	1773	425	21.4	1.8	32.9	1.4	24.8	2.0
Chicken Wings 3 sztuki	1128	270	17.4	3.2	8.1	0.5	20.4	1.5	125 g	1411	338	21.8	4.0	10.1	0.6	25.5	1.9
Chicken Wings 5 sztuk	1128	270	17.4	3.2	8.1	0.5	20.4	1.5	209 g	2352	563	36.3	6.7	16.9	1.0	42.5	3.1
Chicken Wings 10 sztuk	1128	270	17.4	3.2	8.1	0.5	20.4	1.5	417 g	4704	1126	72.6	13.3	33.8	2.1	85.1	6.3

Product	w 100 g lub w 100 ml								w porcji								
	kJ	kcal	tłuszcz (g)	kwasy tłuszczowe nasycone (g)	węglowodany (g)	cukry (g)	białko (g)	sól (g)	wielkość porcji (g) lub (ml)	kJ	kcal	tłuszcz (g)	kwasy tłuszczowe nasycone (g)	węglowodany (g)	cukry (g)	białko (g)	sól (g)
SALATKI / SALADS																	
Green Kale Caesar Salad - dostępne warianty:																	
wariant Crispy Chicken (standard)	954	229	11.7	1.9	21.3	1.7	11.1	1.1	431	4111	986	50.4	8.1	91.8	7.1	47.6	4.8
wariant Grilled Chicken	823	197	9.2	1.7	18.0	1.5	12.1	1.0	441	3627	869	40.4	7.5	79.4	6.5	53.3	4.3
wariant Halloumi	1045	251	14.4	1.8	19.8	1.5	12.2	0.8	390	4074	977	56.0	6.8	77.4	5.9	47.7	3.0
wariant Real Green	998	239	11.7	1.8	25.2	1.6	9.8	0.9	413	4120	988	48.4	7.3	104.0	6.8	40.4	3.9
wariant Grand Chicken	1007	242	12.7	1.8	22.2	1.4	11.0	1.0	465	4683	1123	59.1	8.2	103.1	6.6	51.2	4.6
wariant Crispy Supreme	1044	250	14.1	2.1	21.6	1.6	10.9	1.1	424	4428	1062	59.7	9.1	91.6	6.7	46.4	4.5
Sesame & Ginger Salad - dostępne warianty:																	
wariant Crispy Chicken (standard)	820	201	8.1	0.8	23.5	2.8	10.0	1.3	418	3428	841	33.7	3.2	98.0	11.6	41.7	5.5
wariant Grilled Chicken	688	169	5.5	0.6	20.0	2.6	11.1	1.2	428	2944	724	23.7	2.7	85.6	11.0	47.3	5.0
wariant Halloumi	899	221	10.4	0.5	22.2	2.8	11.1	1.0	377	3391	832	39.3	2.0	83.6	10.4	41.8	3.7
wariant Real Green	859	211	7.9	0.6	27.6	2.8	8.6	1.1	400	3437	843	31.7	2.5	110.2	11.3	34.4	4.6
wariant Grand Chicken	885	216	9.4	0.7	24.2	2.5	10.0	1.2	452	4000	978	42.3	3.4	109.3	11.1	45.3	5.3
wariant Crispy Supreme	911	223	10.4	1.0	23.8	2.7	9.8	1.3	411	3745	917	42.9	4.3	97.8	11.3	40.4	5.2
ZIELONY / GREEN																	
Crispy Supreme Sandwich	1255	298	18.1	1.6	25.3	4.3	9.0	1.5	213 g	2667	634	38.4	3.4	53.7	9.1	19.1	3.1
Crispy Supreme Buffalo	1174	278	17.5	1.5	22.6	4.0	8.0	1.6	244 g	2863	679	42.7	3.7	55.3	9.8	19.4	3.9
Crispy Supreme Parmesan	1232	294	19.0	3.4	21.1	3.5	10.1	1.3	257 g	3167	755	48.8	8.8	54.3	9.1	26.0	3.3
DeliVery Cheezy Crispy Supreme	1202	287	16.8	2.7	24.3	5.1	9.7	1.5	238 g	2860	683	39.9	6.5	57.9	12.1	23.0	3.5
Real Green Burger	1003	240	11.7	1.8	27.0	4.1	6.7	1.2	254 g	2543	608	29.6	4.6	68.5	10.5	17.0	3.1
Plant Beef Cheddar 'n' Chili	1014	243	14.4	6.1	18.5	4.3	9.8	1.3	282 g	2856	683	40.5	17.2	52.1	12.1	27.7	3.7
Plant Beef Burger	1011	241	13.8	5.5	20.0	4.8	9.4	1.1	253 g	2554	608	34.8	13.8	50.5	12.1	23.8	2.9
Salad Wrap Plant Beef	906	218	15.8	8.6	7.0	1.7	12.5	0.9	338 g	3061	736	53.3	29.1	23.8	5.8	42.1	3.0
DeliVery Cheezy Plant Beef	1146	275	16.9	8.9	17.2	4.5	13.4	1.4	372 g	4264	1022	62.7	32.9	64.0	16.6	49.7	5.2
Halloumi	1168	279	17.5	0.6	20.9	5.5	9.9	0.6	210 g	2452	586	36.7	1.3	43.8	11.5	20.8	1.3
Double Halloumi Burger	1179	282	19.0	0.4	15.6	4.0	12.5	0.4	292 g	3442	823	55.5	1.3	45.5	11.6	36.5	1.3
Crispy Green Nuggets 4 szt	1615	386	26.5	2.5	20.1	0.7	17.2	2.0	62 g	995	238	16.3	1.5	12.4	0.4	10.6	1.2
Crispy Green Nuggets 6 szt	1615	386	26.5	2.5	20.1	0.7	17.2	2.0	92 g	1492	357	24.5	2.3	18.6	0.6	15.9	1.8
Crispy Green Nuggets 9 szt	1615	386	26.5	2.5	20.1	0.7	17.2	2.0	139 g	2238	535	36.7	3.5	27.9	1.0	23.8	2.8

Product	w 100 g lub w 100 ml								w porcji								
	kJ	kcal	tłuszcz (g)	kwasy tłuszczowe nasycone (g)	węglowodany (g)	cukry (g)	białko (g)	sól (g)	wielkość porcji (g) lub (ml)	kJ	kcal	tłuszcz (g)	kwasy tłuszczowe nasycone (g)	węglowodany (g)	cukry (g)	białko (g)	sól (g)
DODATKI I SOSY / SIDES AND DIPS																	
Crispy Fries małe	1310	313	12.6	1.3	46.1	0.3	3.5	1.2	55 g	721	172	6.9	0.7	25.4	0.2	1.9	0.6
Crispy Fries średnie	1310	313	12.6	1.3	46.1	0.3	3.5	1.2	115 g	1507	360	14.5	1.5	53.0	0.4	4.0	1.3
Crispy Fries duże	1310	313	12.6	1.3	46.1	0.3	3.5	1.2	165 g	2162	517	20.8	2.2	76.1	0.5	5.8	1.9
Sweet Potato Fries	1442	345	15.8	0.6	48.3	7.6	2.2	0.5	130 g	1875	449	20.5	0.8	62.8	9.9	2.8	0.6
Apple Bites	209	50	0.4	0.04	12.1	9.7	0.4	0.01	80 g	167	40	0.3	0.0	9.7	7.8	0.3	0.0
Chili Cheese małe (4 sztuki)	1069	256	13.5	4.5	22.5	4.5	10.5	1.9	80 g	855	205	10.8	3.6	18.0	3.6	8.4	1.5
Chili Cheese duże (6 sztuk)	1069	256	13.5	4.5	22.5	4.5	10.5	1.9	120 g	1283	307	16.2	5.4	27.0	5.4	12.6	2.3
Mozzarella Sticks małe (3 sztuki)	1304	312	16.6	6	26.8	1.8	13.8	1.8	66 g	861	206	11.0	4.0	17.7	1.2	9.1	1.2
Mozzarella Sticks duże (5 sztuk)	1304	312	16.6	6	26.8	1.8	13.8	1.8	110 g	1434	343	18.3	6.6	29.5	2.0	15.2	2.0
Onion Rings (4 sztuki)	1461	349	20.4	2.0	34.8	4.5	4.3	1.2	64 g	935	223	13.1	1.3	22.3	2.9	2.8	0.8
Onion Rings (6 sztuk)	1461	349	20.4	2.0	34.8	4.5	4.3	1.2	96 g	1403	335	19.6	1.9	33.4	4.3	4.2	1.2
Onion Rings (9 sztuk)	1461	349	20.4	2.0	34.8	4.5	4.3	1.2	144 g	2104	503	29.4	2.9	50.1	6.5	6.2	1.7
Cheese Fries średnie	1133	272	16.4	1.2	27.8	2.0	2.6	1.0	227 g	2568	616	37.2	2.6	63.0	4.4	6.0	2.2
Cheese Fries duże	1182	283	15.9	1.1	31.4	1.7	2.9	0.9	277 g	3269	783	44.0	2.9	86.8	4.7	7.9	2.5
Creole fries średnie	1119	267	16.6	1.3	26.4	2.0	2.6	1.0	246 g	2755	658	40.8	3.1	64.9	5.0	6.4	2.5
Creole fries duże	1167	279	16.1	1.1	29.9	1.8	2.8	0.9	296 g	3456	826	47.7	3.4	88.7	5.2	8.3	2.8
Dip Original (1 kubeczek)	2100	502	53	3.9	8.8	6.8	1.1	0.8	35 g	735	179	18.6	1.4	3.1	2.4	0.4	0.3
Dip Mayonnaise (1 kubeczek)	2650	650	70	5.4	3.5	3.4	1	1.5	30 g	795	190	21.0	1.6	1.1	1.0	0.3	0.5
Dip Vegan Mayonnaise (1 kubeczek)	2500	590	65	4.6	4.5	3.6	0.5	1.6	30 g	750	177	19.5	1.4	1.4	1.1	0.2	0.5
Dip Umami (1 kubeczek)	2650	650	70	5.4	3.3	3.2	1	1.9	30 g	795	195	21.0	1.6	1.0	1.0	0.3	0.6
Dip Hot Creole (1 kubeczek)	2000	480	48	3.4	13.4	11	0.8	1.7	35 g	700	168	16.8	1.2	4.7	3.9	0.3	0.6
Dip Green and Garlic (1 kubeczek)	2550	610	64	4.7	4.3	1.3	1.2	0.9	35 g	893	214	22.4	1.6	1.5	0.5	0.4	0.3
Dip Jalapeno Mayonnaise	2800	670	75.0	5.5	1.5	1.1	0.9	1.2	30 g	840	201	22.5	1.7	0.5	0.3	0.3	0.4
Dip Sweet and Sour (1 kubeczek)	617	145	0.1	0	36	32	0.4	1.7	25 g	154	36	0	0.0	9.0	8.0	0.1	0.4
Dip BBQ (1 kubeczek)	550	130	0.5	0.2	31	28	1.1	0.9	35 g	193	46	0.2	0.1	10.9	9.8	0.4	0.3
Dip Melted Cheese (1 kubeczek)	587	140	11	1.5	8	2	2	1	30 g	176	42	3.3	0.5	2.4	0.6	0.6	0.3
Dip Buffalo Hot (1 kubeczek)	1250	290	29	2.2	6.8	4.2	0.8	5.7	45 g	563	131	13.1	1.0	3.1	1.9	0.4	2.6
Dip Blue Cheese (1 kubeczek)	1600	380	41	7	3.5	1.8	2.4	1.1	45 g	720	171	18.5	3.2	1.6	0.8	1.1	0.5
Dip Ketchup (1 kubeczek)	435	102	0.1	0.1	23.2	22.8	1.2	1.8	40 g	174	41	0.0	0.0	9.3	9.1	0.5	0.7

Product	w 100 g lub w 100 ml								w porcji								
	kJ	kcal	tłuszcz (g)	kwasy tłuszczowe nasycone (g)	węglowodany (g)	cukry (g)	białko (g)	sól (g)	wielkość porcji (g) lub (ml)	kJ	kcal	tłuszcz (g)	kwasy tłuszczowe nasycone (g)	węglowodany (g)	cukry (g)	białko (g)	sól (g)
ŚNIADANIE / BREAKFAST																	
Morning Wrap Omelette & Bacon	756	180	6.5	2.6	18.3	2.4	6.1	1.0	234 g	1772	423	15.2	6.1	42.9	5.7	14.2	2.4
Morning Wrap Omelette & Beef	764	182	7.5	3.3	16.4	2.2	6.7	1.0	261 g	1998	477	19.6	8.6	43.0	5.8	17.6	2.6
Morning Wrap Omelette & Cheese	713	170	5.3	2.1	19.2	2.5	4.9	0.9	223 g	1593	379	11.9	4.8	42.8	5.6	11.0	2.0
Muffin 'n' Egg Cheddar and Bacon	986	236	9.1	2.8	20.2	1.8	7.4	1.2	140 g	1384	331	12.7	3.9	28.4	2.5	10.4	1.7
Muffin 'n' Egg Cheddar and Beef	972	233	10.5	3.9	16.8	1.5	8.6	1.2	170 g	1655	396	17.9	6.7	28.6	2.6	14.6	2.0
Muffin 'n' Egg Cheddar	944	226	7.7	2.2	21.5	1.8	6.0	1.1	132 g	1249	299	10.2	2.9	28.4	2.4	8.0	1.4
Muffin 'n' Egg Benedict Bacon	1102	262	13.4	1.8	19.5	1.3	5.7	0.8	143 g	1576	374	19.2	2.5	27.9	1.9	8.2	1.2
Muffin 'n' Egg Benedict	1068	253	12.4	1.2	20.6	1.4	4.3	0.7	135 g	1442	342	16.7	1.6	27.9	1.9	5.8	0.9
Cheesy Toast Bacon	1442	346	19.7	6.7	29.9	7.0	11.9	2.2	88 g	1250	300	17.0	5.8	25.9	6.1	10.3	1.9
Cheesy Toast	1419	340	18.5	6.2	32.9	7.7	10.0	2.1	79 g	1116	267	14.5	4.8	25.9	6.0	7.9	1.7
Brunch Burger	1500	358	25.2	6.4	21.7	4.8	11.1	1.6	117 g	1755	418	29.5	7.5	25.4	5.6	13.0	1.8
Breakfast Burger	860	206	11.2	5.0	14.0	2.3	11.5	1.3	162 g	1396	334	18.3	8.0	22.7	3.8	18.7	2.1
DESERY / DESSERTS																	
Premium Shake Strawberry	552	134	5.8	4.8	17.5	14.4	2.7	0.1	375 g	2071	501	21.8	17.9	65.6	53.8	10.3	0.5
Premium Shake Chocolate	849	205	11.5	8.2	22.0	20.5	3.2	0.2	379 g	3218	778	43.5	30.9	83.4	77.8	12.2	0.6
Premium Shake Espresso Caramel	598	145	6.4	5.0	19.0	15.7	3.0	0.2	369 g	2207	536	23.6	18.6	69.9	58.0	11.2	0.6
Premium Shake Vanilla	622	151	6.8	5.6	19.4	18.2	3.1	0.1	320 g	1990	484	21.6	18.0	62.1	58.3	10.0	0.5
Premium Shake Minty Chocolate Crisp (PRODUKTY SEZONOWE)	662	158	5.9	4.8	22.6	20.1	3.6	0.2	351 g	2320	552	20.8	16.9	79.2	70.6	12.6	0.6
Smoothie Mango & Passionfruit	189	45	0.2	0.0	9.8	9.4	0.3	0.0	500 g	946	223	1.0	0.2	49.2	47.2	1.6	0.0
Smoothie Strawberry, Banana & Blueberry	184	43	0.1	0.0	9.8	9.3	0.3	0.0	500 g	920	217	0.4	0.0	49.2	46.6	1.4	0.0
Smoothie Avocado, Spinach & Mango	192	45	1.1	0.3	7.9	7.7	0.5	0.0	480 g	921	218	5.0	1.3	37.8	36.9	2.5	0.2
Ice cream Chocolate	794	193	4.7	5.8	5.3	32.1	29.9	3.2	164 g	1302	317	9.5	8.7	52.7	49.0	5.2	0.3
Ice cream Strawberry	719	174	5.7	5.2	27.8	21.7	2.9	0.2	163 g	1169	283	9.3	8.5	45.3	35.3	4.7	0.3
Ice cream Caramel	821	200	6.8	5.6	31.4	25.1	3.5	0.2	164 g	1346	328	11.1	9.1	51.5	41.2	5.7	0.4
Apple Pie	1250	300	13.0	5.9	42.0	24.0	3.0	0.1	100 g	1250	300	13.0	5.9	42.0	24.0	3.0	0.1
Apple Pie z lodami	1050	253	11.1	6.2	34.7	22.0	3.2	0.1	150 g	1575	380	16.7	9.3	52.0	33.0	4.8	0.2
Raspberry Pie	1200	290	15.0	9.8	34.0	15.0	3.9	0.3	90 g	1080	261	13.5	8.8	30.6	13.5	3.5	0.3
Raspberry Pie z lodami	1004	244	12.3	8.7	29.0	16.1	3.8	0.3	140 g	1405	341	17.2	12.2	40.6	22.5	5.3	0.4
Chocolate Lava Cake	1638	392	21.8	6.1	41.4	30.6	6.1	0.1	70 g	1147	274	15.3	4.3	29.0	21.4	4.3	0.1
Chocolate Lava Cake z lodami	1226	295	15.8	6.4	32.5	25.4	5.1	0.2	120 g	1472	354	18.9	7.7	39.0	30.4	6.1	0.2

Product	w 100 g lub w 100 ml								w porcji								
	kJ	kcal	tluszcz (g)	kwasy tluszczowe nasycone (g)	weglowodany (g)	cukry (g)	białko (g)	sól (g)	wielkość porcji (g) lub (ml)	kJ	kcal	tluszcz (g)	kwasy tluszczowe nasycone (g)	weglowodany (g)	cukry (g)	białko (g)	sól (g)
ZIMNE NAPOJE / DRINKS																	
Coca Cola 100 ml										180.0	42.0	0.0	0.0	10.6	10.6	0.0	0.00
Coca-Cola mała	180	42	0	0	10.6	10.6	0	0	300 ml	540	126	0	0	31.8	31.8	0	0
Coca-Cola średnia	180	42	0	0	10.6	10.6	0	0	400 ml	720	168	0	0	42.4	42.4	0	0
Coca-Cola duża	180	42	0	0	10.6	10.6	0	0	500 ml	900	210	0	0	53	53	0	0
Coca Cola Zero 100 ml										1.2	0.3	0	0	0	0	0	0.03
Coca-Cola Zero mała	0.9	0.2	0	0	0	0	0	0.02	300 ml	3.6	0.9	0	0	0	0	0	0.1
Coca-Cola Zero średnia	0.9	0.2	0	0	0	0	0	0.02	400 ml	4.8	1.2	0	0	0	0	0	0.1
Coca-Cola Zero duża	0.9	0.2	0	0	0	0	0	0.02	500 ml	6	1.5	0	0	0	0	0	0.2
Sprite 100 ml										38	9	0	0	2	2	0	0.00
Sprite mały	40	9	0	0	2	2	0	0.01	300 ml	114	27	0	0	6	6	0	0
Sprite średni	40	9	0	0	2	2	0	0.01	400 ml	152	36	0	0	8	8	0	0
Sprite duży	40	9	0	0	2	2	0	0.01	500 ml	190	45	0	0	10	10	0	0
Fanta 100 ml										178	42	0	0	10	0	0	0.00
Fanta mała	178	42	0	0	10.3	10.3	0	0	300 ml	534	126	0	0	30	0	0	0
Fanta średnia	178	42	0	0	10.3	10.3	0	0	400 ml	712	168	0	0	40	0	0	0
Fanta duża	178	42	0	0	10.3	10.3	0	0	500 ml	890	210	0	0	50	0	0	0
Fuze tea cytrynowa z trawą cytrynową 0,5 l	80	19	0	0	4.4	4.4	0	0.3	500 ml	400	95	0	0	22	22	0	1.5
Fuze tea brzoskwinia z hibiskusem 0,5 l	81	19	0	0	4.5	4.5	0	0.02	500 ml	405	95	0	0	22.5	22.5	0	0.1
Fuze tea marakuja bez cukru 0,5 l	5	1	0	0	0	0	0	0.5	500 ml	25	5	0	0	0	0	0	2.5
Fuze Tea Juicy Lemongrass, 0,5 l	76	18	0	0	4.2	4.2	0	0.09	500 ml	395	94	0	0	21.8	21.8	0	0.47
Fuze Tea Juicy Peach Hibiscus, 0,5 l	76	18	0	0	4.2	4.1	0	0.07	500 ml	395	94	0	0	21.8	21.3	0	0.36
Fuze Tea Zero Borówka Lawenda, 0,5 l	6	1	0	0	0	0	0	0.06	500 ml	31	5	0	0	0	0	0	0.31
Kropla Beskidu niegazowana 0,5 l	0	0	0	0	0	0	0	0	500 ml	0	0	0	0	0	0	0	0
Kropla Beskidu gazowana 0,5 l	0	0	0	0	0	0	0	0	500 ml	0	0	0	0	0	0	0	0
Cappy Orange sok 0,33 l	178	42	0	0	8.7	8.7	0.7	0	330 ml	587	139	0	0	29	20	2.3	0
Cappy Apple sok 0,33 l	192	45	0	0	10.6	10.1	0	0	330 ml	634	149	0	0	35	33	0	0
Cappy Multivitamina napój 0,33 l	194	46	0	0	10.8	10.8	0	0	330 ml	630	149	0	0	35	35	0	0
Piwo Corona Extra 0,33ml	176	42	0	0	4	0.2	0.3	0	330 ml	581	139	0	0	13	1	1	0
GORĄCE NAPOJE / HOT DRINKS																	
Espresso	0	0	0		0		0		30 ml	0	0	0		0		0	
Double Espresso	0	0	0		0		0		60 ml	0	0	0		0		0	
Coffee mała	0	0	0		0		0		200 ml	0	0	0		0		0	
Coffee średnia	0	0	0		0		0		290 ml	0	0	0		0		0	
Coffee duża	0	0	0		0		0		400 ml	0	0	0		0		0	
Coffee with milk mała	252	60	3.2		5		3.4		250 ml	151	36	1.9		3.0		2.0	
Coffee with milk średnia	252	60	3.2		5		3.4		350 ml	227	54	2.9		4.5		3.1	
Coffee with milk duża	252	60	3.2		5		3.4		480 ml	277	66	3.5		5.5		3.7	
Cappuccino małe	252	60	3.2		5		3.4		250 ml	202	48	2.6		4.0		2.7	
Cappuccino średnie	252	60	3.2		5		3.4		350 ml	353	84	4.5		7.0		4.8	
Cappuccino duże	252	60	3.2		5		3.4		480 ml	428	102	5.4		8.5		5.8	
Latte mała	252	60	3.2		5		3.4		250 ml	378	90	4.8		7.5		5.1	
Latte średnia	252	60	3.2		5		3.4		350 ml	529	126	6.7		10.5		7.1	
Latte duża	252	60	3.2		5		3.4		480 ml	832	198	10.6		16.5		11.2	
Herbata mała	0	0	0		0		0		250 ml	0	0	0		0		0	
Herbata średnia	0	0	0		0		0		350 ml	0	0	0		0		0	
Herbata duża	0	0	0		0		0		480 ml	0	0	0		0		0	